

U6 General Playing Rules

Number of Players on the Field per team: 3 recommended, 4 maximum

Size 3 ball

4 eight-minute quarters with 2 minutes between quarters and 5 minutes for half time

No Goalkeepers Used

No Offsides called

Referees provided if possible; if not, coaches referee one half of game each

All players play at least ½ of game with an equal amount of time for each player recommended.

When ball goes out on sidelines, throw in by team that didn't touch it out of play.

When ball goes out on end line, corner kick if defense kicked it out, goal kick if offensive team touched it las

U8 General Playing Rules

Number of Players on the Field per team: 4 recommended, 5 maximum

Size 3 ball

4 ten minute quarters with 2 minutes between quarters and 5 minutes for half time

No Goalkeepers Used

No Offsides called

Referees provided if possible; if not, coaches referee one half of game each

All players play at least ½ of game with an equal amount of time for each player recommended.

When ball goes out on sidelines, throw in by team that didn't touch it out of play.

When ball goes out on end line, corner kick if defense kicked it out, goal kick if offensive team touched it las

U10 General Playing Rules

Number of Players on the Field per team: 5 recommended, 7 maximum

Size 4 ball

2 25 minute halves with a 5 minute half time.

Goalkeepers will be used

No Offsides called

Referees provided

All players play at least ½ of game with an equal amount of time for each player recommended.

When ball goes out on sidelines, throw in by team that didn't touch it out of play.

When ball goes out on end line, corner kick if defense kicked it out, goal kick if offensive team touched it las

U12 General Playing Rules

Number of Players on the Field per team: 8 recommended, 9 maximum

Size 4 ball

2 30 minute halves with a 5 minute half time.

Goalkeepers will be used

Offsides called

Referees provided

All players play at least ½ of game with an equal amount of time for each player recommended.

When ball goes out on sidelines, throw in by team that didn't touch it out of play.

When ball goes out on end line, corner kick if defense kicked it out, goal kick if offensive team touched it las